

# PAIN SPECIALISTS

OF SOUTHERN OREGON

*Our mission is to ease suffering, restore health and enhance the lives of our patients through education and innovative, comprehensive pain management.*

Dr. Savino graduated from Loma Linda University School of Medicine in 2000. He then completed an Anesthesiology residency and a fellowship in Pain Management at Loma Linda University Medical Center, and received board certification in Anesthesiology through the American Board of Anesthesiologists with subspecialty Certification in Pain Management. One of the most accomplished pain specialists in Southern Oregon, Dr. Savino is also a Diplomate of the American Board of Pain Management and a Fellow of Interventional Pain Practice through the World Institute of Pain. He arrived in the Rogue Valley with his family in 2005 and has since become a vibrant part of the community, serving as a board member of two local non-profit organizations.



Dr. Johnston, an Oregon native, graduated from the University of New England Medical School in 1999. From there, he completed an internship in Internal Medicine, residency in Physical Medicine and Rehabilitation and a fellowship in Pain Medicine at the Mayo Clinic in Rochester, Minnesota. A diplomat of the American Academy of Physical Medicine, he is also board certified in the subspecialty of Pain Medicine. Dr. Johnston moved to the Rogue Valley in 2004. And two years later, he brought his unique and diverse skill-set to Pain Specialists. When not practicing medicine, Dr. Johnston is an avid outdoorsman and enjoys running, softball and golf.

Pain Specialists strives to build strong relationships with referring providers to give the best care possible to our patients. These relationships are founded on trust, communication and professionalism. The oldest and most established pain clinic in Southern Oregon, Pain Specialists has a reputation for quality service. Combining proven techniques with innovative, state-of-the-art technology, we are the premier pain clinic in the area.



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## Headache, Neck and Arm Pain Treatments

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| Acromioclavicular Joint Injection                    | Glenohumeral Joint Injections          | Radial Nerve Block at the Humerus         |
| Bier Block   | Infraorbital Nerve Blocks              | Radial Nerve Block at the Wrist           |
| Botox Injections for Pain                            | Intrathecal Pump Implants              | Spinal Cord Stimulator Trial Lead Implant |
| Brachial Plexus Block                                | Intravenous Regional Anesthesia        | Spinal Cord Stimulator System Implant     |
| Cervical Discography                                 | Lateral Epicondyle Injections          | Stellate Ganglion Block                   |
| Cervical Epidural Steroid Injections                 | Medial Epicondyle Injections           | Sternoclavicular Joint Injections         |
| Cervical Selective Nerve Root Blocks                 | Median Nerve Block at the Wrist        | Subacromial Bursae Injections             |
| Cervical Facet Joint Injections/Medial Branch Blocks | Metacarpal-Phalangeal Joint Injections | Subdeltoid Bursae Injections              |
| Cervical Medial Branch Radiofrequency Ablations      | Neuraxial Opioid Functional Trials     | Supraorbital Nerve Block                  |
| Cervical Paraspinal Trigger Point Injections         | Neuraxial Ziconatide Functional Trial  | Suprascapular Nerve Block                 |
| Cubital Tunnel Injections                            | Occipital Nerve Blocks                 | Thoracic Sympathetic Block                |
| Epidural Blood Patch                                 | Occipital Nerve Stimulation            | Trigger Finger Injections                 |
| Epidural Catheter Temporary Placement                | Prolotherapy                           | Wrist Joint Injections                    |

## Low Back Pain, Hip Pain and Leg Pain Treatments

|   |  |   |
|---|--|---|
| Ankle Blocks                            | Lateral Femoral Cutaneous Nerve Blocks             | Peroneal and Tibial Nerve Blocks                |
| Botox Injections for Pain               | Lumbar Discography                                 | Piriformis Injections                           |
| Caudal Epidural Steroid Injections      | Lumbar Epidural Steroid Injections                 | Plantar Fascia Injections                       |
| Femoral Nerve Blocks                    | Lumbar Facet Joint Injections/Medial Branch Blocks | Pre-patellar Bursae Injections                  |
| Greater Trochanteric Bursae Injections  | Lumbar Interspinous Ligament Injections            | Prolotherapy                                    |
| Iliotibial Band Injections              | Lumbar Medial Branch Radiofrequency Ablations      | Psoas Compartment Blocks                        |
| Intra-articular knee steroid injections | Lumbar Plexus Blocks                               | Pulsed Radiofrequency                           |
| Intra-articular knee Synvisc injections | Lumbar Selective Nerve Root Blocks                 | Sacroiliac Joint Injections                     |
| Intra-articular hip steroid injections  | Lumbar Sympathetic Blocks                          | Sacroiliac Joint Lateral Branch Radiofrequency  |
| Intradiscal Electrothermal Annuplasty   | Lumbar Paraspinal Trigger Point Injections         | Saphenous Nerve Block at the Knee               |
| Intrathecal Pump Implants               | Neuraxial Opioid Functional Trials                 | Spinal Cord Stimulator Trial Lead Implant       |
| Ischiogluteal Bursa Injections          | Neuraxial Ziconatide Functional Trials             | Spinal Cord Stimulator Permanent System Implant |
|   | Pes Anserinus Bursae Injections                    |   |

## Upper and Mid-Back Pain Treatments

Intercostal Nerve Blocks  
Intercostal Nerve Radiofrequency  
Intrathecal Pump Implants  
Intrapleural Nerve Block  
Neuraxial Opioid Functional Trials  
Neuraxial Ziconatide Functional Trials  
Thoracic Epidural Steroid Injections  
Thoracic Interspinous Ligament Injections  
Thoracic Medial Branch Blocks  
Thoracic Medial Branch Radiofrequency Ablations  
Thoracic Paraspinal Trigger Point Injections  
Thoracic Selective Nerve Root Block

## Upper and Mid-Back Pain Treatments

Celiac Plexus Blocks  
Genitofemoral Nerve Blocks  
Ilioinguinal Nerve Blocks  
Pudendal Nerve Blocks (Fluoroscopically Guided)  
Splanchnic Nerve Blocks  
Trans-Sacrum Nerve Blocks

## Miscellaneous Procedures

Intrathecal Pump Refills  
Transcutaneous Electrical Nerve Stimulation (TENS)