

PAIN SPECIALISTS

OF SOUTHERN OREGON


Our mission is to ease suffering, restore health and enhance the lives of our patients through education and innovative, comprehensive pain management.

Dr. Savino graduated from Loma Linda University School of Medicine in 2000. He then completed an Anesthesiology residency and a fellowship in Pain Management at Loma Linda University Medical Center, and received board certification in Anesthesiology through the American Board of Anesthesiologists with subspecialty Certification in Pain Management. One of the most accomplished pain specialists in Southern Oregon, Dr. Savino is also a Diplomate of the American Board of Pain Management and a Fellow of Interventional Pain Practice through the World Institute of Pain. He arrived in the Rogue Valley with his family in 2005 and has since become a vibrant part of the community, serving as a board member of two local non-profit organizations.




Dr. Johnston, an Oregon native, graduated from the University of New England Medical School in 1999. From there, he completed an internship in Internal Medicine, residency in Physical Medicine and Rehabilitation and a fellowship in Pain Medicine at the Mayo Clinic in Rochester, Minnesota. A diplomat of the American Academy of Physical Medicine, he is also board certified in the subspecialty of Pain Medicine. Dr. Johnston moved to the Rogue Valley in 2004. And two years later, he brought his unique and diverse skill-set to Pain Specialists. When not practicing medicine, Dr. Johnston is an avid outdoorsman and enjoys running, softball and golf.

Pain Specialists strives to build strong relationships with referring providers to give the best care possible to our patients. These relationships are founded on trust, communication and professionalism. The oldest and most established pain clinic in Southern Oregon, Pain Specialists has a reputation for quality service. Combining proven techniques with innovative, state-of-the-art technology, we are the premier pain clinic in the area.



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Headache, Neck and Arm Pain Treatments

Acromioclavicular Joint Injection	Glenohumeral Joint Injections	Radial Nerve Block at the Humerus
Bier Block	Infraorbital Nerve Blocks	Radial Nerve Block at the Wrist
Botox Injections for Pain	Intrathecal Pump Implants	Spinal Cord Stimulator Trial Lead Implant
Brachial Plexus Block	Intravenous Regional Anesthesia	Spinal Cord Stimulator System Implant
Cervical Discography	Lateral Epicondyle Injections	Stellate Ganglion Block
Cervical Epidural Steroid Injections	Medial Epicondyle Injections	Sternoclavicular Joint Injections
Cervical Selective Nerve Root Blocks	Median Nerve Block at the Wrist	Subacromial Bursae Injections
Cervical Facet Joint Injections/Medial Branch Blocks	Metacarpal-Phalangeal Joint Injections	Subdeltoid Bursae Injections
Cervical Medial Branch Radiofrequency Ablations	Neuraxial Opioid Functional Trials	Supraorbital Nerve Block
Cervical Paraspinal Trigger Point Injections	Neuraxial Ziconatide Functional Trial	Suprascapular Nerve Block
Cubital Tunnel Injections	Occipital Nerve Blocks	Thoracic Sympathetic Block
Epidural Blood Patch	Occipital Nerve Stimulation	Trigger Finger Injections
Epidural Catheter Temporary Placement	Prolotherapy	Wrist Joint Injections

Low Back Pain, Hip Pain and Leg Pain Treatments

Ankle Blocks	Lateral Femoral Cutaneous Nerve Blocks	Peroneal and Tibial Nerve Blocks
Botox Injections for Pain	Lumbar Discography	Piriformis Injections
Caudal Epidural Steroid Injections	Lumbar Epidural Steroid Injections	Plantar Fascia Injections
Femoral Nerve Blocks	Lumbar Facet Joint Injections/Medial Branch Blocks	Pre-patellar Bursae Injections
Greater Trochanteric Bursae Injections	Lumbar Interspinous Ligament Injections	Prolotherapy
Iliotibial Band Injections	Lumbar Medial Branch Radiofrequency Ablations	Psoas Compartment Blocks
Intra-articular knee steroid injections	Lumbar Plexus Blocks	Pulsed Radiofrequency
Intra-articular knee Synvisc injections	Lumbar Selective Nerve Root Blocks	Sacroiliac Joint Injections
Intra-articular hip steroid injections	Lumbar Sympathetic Blocks	Sacroiliac Joint Lateral Branch Radiofrequency
Intradiscal Electrothermal Annoplasty	Lumbar Paraspinal Trigger Point Injections	Saphenous Nerve Block at the Knee
Intrathecal Pump Implants	Neuraxial Opioid Functional Trials	Spinal Cord Stimulator Trial Lead Implant
Ischiogluteal Bursa Injections	Neuraxial Ziconatide Functional Trials	Spinal Cord Stimulator Permanent System Implant
	Pes Anserinus Bursae Injections	

Upper and Mid-Back Pain Treatments

Intercostal Nerve Blocks
Intercostal Nerve Radiofrequency
Intrathecal Pump Implants
Intrapleural Nerve Block
Neuraxial Opioid Functional Trials
Neuraxial Ziconatide Functional Trials
Thoracic Epidural Steroid Injections
Thoracic Interspinous Ligament Injections
Thoracic Medial Branch Blocks
Thoracic Medial Branch Radiofrequency Ablations
Thoracic Paraspinal Trigger Point Injections
Thoracic Selective Nerve Root Block

Upper and Mid-Back Pain Treatments

Celiac Plexus Blocks
Genitofemoral Nerve Blocks
Ilioinguinal Nerve Blocks
Pudendal Nerve Blocks (Fluoroscopically Guided)
Splanchnic Nerve Blocks
Trans-Sacrum Nerve Blocks

Miscellaneous Procedures

Intrathecal Pump Refills
Transcutaneous Electrical Nerve Stimulation (TENS)