

WELLNESS PROGRAM

The Wellness Program combines high-quality remote monitoring devices with an intuitive, HIPAA-compliant digital platform that allows patients to manage medical conditions from the comfort of their own homes.

The patient-generated health data they produce – vital signs, weight, blood pressure, heart rate and more – is then securely shared via patient portal utilizing optimize.health's secure platform with our patient care team and providers. As appropriate, the patient's care team or provider can make recommendations or initiate an early-stage intervention should they spot any irregularities in their **Wellness Program**. This will deliver better access to patient care, while improving patient experience and outcomes.

- Easy setup, usually 2-3 minutes
- HIPAA Compliant Secured
- Weight Scales provided
- Blood Pressure Cuffs provided



Our easily navigable **Wellness Program** platform also makes it convenient and easy for our patients to manage their condition, and establish a regular, ongoing connection with our providers and patient care team.

- **Easy setup:** Equipment can be set up in minutes by our staff or other healthcare providers.
- **Outstanding service:** The optimize.health platform prioritizes ease of use and is supported by a highly responsive U.S.-based support team. The online portal also offers free training webinars, as well as access to a robust library of support videos and materials.
- **Free patient engagement and communication tools:** Providing gentle, unobtrusive reminders, the platform encourages patients to use their equipment as recommended. It also provides useful two-way communication tools, including SMS and click-to-call, that enable our patient care team and healthcare providers to interact with the patient from within the portal.
- **Automatic time-tracking:** Time spent reviewing data is automatically tracked, saving a massive amount of staff time and ensuring that billing opportunities are not missed while also protecting in case of an audit. **The Wellness Program** patient care team can focus on viewing data, interacting with patients, and making critical decisions.